



# 14<sup>th</sup> FIAPAC Conference

## Fertility control into the hands of women

9-10 September 2022, Riga, Latvia

### Scientific programme

#### Friday, 9 September 2022

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**08:00 - 09:00** Registration

**09:00 - 10:30** Opening

Room A Chairs: Gunta Lazdane (Latvia), Dace Rezeberga (Latvia)

- Welcome by the FIAPAC President - Sharon Cameron (UK)
- Welcome by the Rector of Riga Stradiņš University - Aigars Petersons
- Welcome by the First Lady of Latvia - Andra Levite
- Abortion in the Baltic Countries - Vija Veisa (Latvia)
- RSU folk-dance group "Ačkups"

**10:30 - 11:00** Refreshments, exhibition

Exhibit area

**Poster presentations** (7 minutes presentation and 3 minutes Q&A)  
Moderators: Kai Haldre (Estonia), Raina Brethouwer (Netherlands)

10:35 PP.01 - Nurse practitioner prescribing of mifepristone in Canada - Martha Paynter (Canada)

10:45 PP.02 - Abortion experiences during the Covid-19 pandemic in Australia: a qualitative study - Kirsten Black (Australia)

**11:00 - 12:30 Plenary Session 1: Abortion in the hands of women**  
Room A Chairs: Ingrid Sääv (Sweden), Kristina Gemzell Danielsson (Sweden)

11:00 The past: where have we come from - Beverly Winikoff (USA)  
11:20 The present: in settings where abortion is restricted - Kinga Jelinska (Poland)  
11:40 The present in settings where abortion is legal: self-managed abortion - Margit Endler (Sweden)  
12:00 The future - Rebecca Gomperts (Netherlands)

**12:30 - 14:00 Lunch, exhibition**  
Exhibit area

**Poster presentations** (7 minutes presentation and 3 minutes Q&A)  
Moderators: Matt Reeves (USA), Deborah Bateson (Australia)

12:40 PP.03 - Becoming abortion experts: (de)medicalization of abortion in Mexico - Génesis Luigi (Switzerland)  
12:50 PP.04 - Acceptability and feasibility of an outpatient 'Day Procedure' for medical induction at 13-18 weeks gestation in public sector hospitals in Nepal - Anand Tamang (Nepal)  
13:00 PP.05 - Not just a last resort: comparing reasons for seeking telemedicine abortion - Rhian Lewis (Canada)  
13:10 PP.06 - Evaluation of a telemedicine medical abortion service using the "no-test" protocol in Ukraine and Uzbekistan - Tamar Tsereteli (Georgia)  
13:20 PP.07 - Self-managed medical abortion in the UK: what makes for a 'good' experience - Lesley Hoggart (UK)  
13:30 PP.08 - Attitudes towards abortion among German medical students and gynaecologists – a qualitative study - Alicia Baier (Germany)

**12:45 – 13:45 Lunch session Nordic Pharma - Further improving medical abortion care**  
Room A Moderator: Christian Fiala (Austria)

- Pain perception and medical abortion – How can we improve our care? A single-center observational study - Karin Louise Andersson (Italy)
- A model for telemedicine provision of medical abortion - Kristina Gemzell Danielsson (Sweden)
- Rhesus testing and Anti-D prophylaxis: medical evidence put into practice – Results of a survey among providers - Christian Fiala (Austria)

**14:00 - 15:30 Concurrent sessions 1 - 5**

Room A **CS 1 - Free communications**  
Chairs: Raïna Brethouwer (Netherlands), Choon-Kang Walther (Switzerland)

14:00 FC.01 - Self-care journeys: how digital interventions foster links between abortion seekers and providers - Pauline Diaz (France)  
14:10 FC.02 - Results from a pilot of an enhanced contraception pathway following telemedicine abortion - John Reynolds-Wright (UK)  
14:20 FC.03 - Examining impacts of approval of home use of misoprostol in England on access to medical abortion - Maria Lewandowska (UK)

- 14:30 FC.04 - Increasing young people's awareness and knowledge about abortion - An innovative approach - Kristina Castell (Sweden)
- 14:40 FC.05 - Trajectories and experiences of pro-choice female physicians in three Mexican states - Suzanne Veldhuis (Mexico)
- 14:50 FC.06 - Cabergoline for lactation inhibition after second-trimester abortion or loss - Andrea Henkel (USA)
- 15:00 FC.07 - Service delivery trends and characteristics of women seeking early abortion care during the Covid-19 pandemic: results of an analysis of service activity data from the Irish Family Planning Association - Alison Spillane (Ireland)
- 15:10 FC.08 – Ob-Gyn abortion care services and restrictions in US and Canadian Academic Teaching Hospitals - Jody Steinauer (USA)

## Room B

### **CS 2 – Emergency Contraception (EC)**

Chairs: Clare Murphy (UK), Cristina Puig (Spain)

- 14:00 Contraception - Kristina Gemzell Danielsson (Sweden)
- 14:20 Bridging contraception after EC - Sharon Cameron (UK)
- 14:40 New options in EC – Alison Edelman (USA)
- 15:00 Discussion

## Room C

### **CS 3 - IPPF**

Exploring the role of health workers in abortion self-care

With the increasing number of abortions being self-managed using medical abortion pills, either through preference or lack of other options, IPPF recognises abortion self-care as the right of women and girls to lead their abortion journey, with or without support from health workers.

If a woman does choose to involve a health worker in her abortion self-care journey, what role should they play? How can healthcare staff be supported to transition from a position of gatekeeper and provider of abortion services to a role of facilitator and supportive partner in abortion self-care?

IPPF's diverse network of locally owned Member Associations (MAs) provide abortion care across the globe in a wide range of settings. IPPF MAs are using their significant experience of providing comprehensive abortion care to adapt existing service delivery models, offering easier more effective links to care as a key part of a woman's support network in her abortion self-care. In doing so, they are transforming abortion care from an approach which is often medicalized and provider-led, into one in which health systems may play a supportive role and health professionals empower individuals to play a leading role in their care.

In this session, IPPF MAs from Colombia and Ghana will share lessons learned, good practice and challenges from their experience of developing models of support for abortion self-care. In addition, we will hear from IPPF partner Women First Digital on their experience of using digital health to support women in abortion self-care, including through referrals for in-person care when needed.

Programme:

Chairs:

- How can healthcare providers support self-care: Learnings from a global consortium - Marta Royo, Profamilia Colombia
- Providing support for abortion self-care: Experiences from Ghana - Kwasi Adu Manu, Planned Parenthood Association of Ghana
- Self-Care in a Digital Landscape: Supporting Online and Offline Journeys in Abortion Care - Claire Crossett, Women First Digital

**Room D CS 4 – Managing Conscientious Objection**

Chairs: Ann Furedi (UK), Nausikaä Martens (Belgium)

- 14:00 The Italian Conundrum - Mirella Parachini (Italy)  
 14:20 Does conscience matter in a secular world? - Jon O'Brien (USA)  
 14:40 Providing services with good conscience – Speaker TBC  
 15:00 Discussion

**Room E CS 5 – Tests & no tests for abortion**

Chairs: Dace Rezeberga (Latvia), Anne Verougstraete (Belgium)

- 14:00 Anti-D: when is it required - Jonathan Lord (UK)  
 14:15 Abortion before ultrasonically visible pregnancy / ultrasound or not - Karin Brandell (Sweden)  
 14:30 STI testing / antibiotic prophylaxis - Matt Reeves (USA)  
 14:45 The NO TEST telemedicine consultation – Patricia Lohr (UK)  
 15:00 Discussion

**15:30 – 16:00 Refreshments, exhibition**

Exhibit area

**Poster presentations** (7 minutes presentation and 3 minutes Q&A)

Moderator: Elin Larsson (Sweden), Susanne Sjöström (Sweden)

- 15:35 PP.09 - "I know what it's like to have a baby". Abortion decision making among Dutch mothers. - Jenneke van Ditzhuijzen (Netherlands)  
 15:45 PP.10 - An eight-step plan to advocate for comprehensive medical student teaching on abortion - Corrina Horan (UK)

**16:00 - 17:30 Plenary Session 2: Contraception in the hands of women**

Room A Chairs: Sharon Cameron (UK) – Clare Murphy (UK)

- 16:00 Improving access to contraception – Danielle Mazza (Australia)  
 16:30 Improving access to emergency contraception - Cristina Puig (Spain)  
 17:00 Simplifying access to contraception after pregnancy - Michelle Cooper (UK)

**18:00 – 19:30 General Assembly of FIAPAC (members only)**

Room A

## Saturday, 10 September 2022

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### 09:00 - 10:30 Plenary Session 3: Supporting the provision of safe abortion

Room A

Chairs: Gunta Lazdane (Latvia), Deborah Bateson (Australia)

09:00

Overview WHO guidelines – Abraham Sium (WHO)

09:30

Abortion in humanitarian settings - Roopan Gill (Canada)

10:00

Taking action against abortion-related stigma affecting clinicians – Jayne Kavanagh (UK)

### 10:30 - 11:00 Refreshments, exhibition

Exhibit area

**Poster presentations** (7 minutes presentation and 3 minutes Q&A)

Moderator: Margit Endler (Sweden)

10:35

PP.11 - Who is responsible for postpartum contraception advice and provision? The perspective of hospital-based maternity clinicians in NSW, Australia - Jessica Botfield, Kirsten Black (Australia)

10:45

PP.12 - Understanding site users to design an improved Medical Abortion Commodities Database ([www.MedAb.org](http://www.MedAb.org)) - Catherine Kilfedder (UK)

### 11:00 - 12:30 Concurrent sessions 6 - 10

Room A

#### CS 6 - Difficult Questions

Chairs: Ann Furedi (UK), Mirella Parachini (Italy)

- Testing embryos and fetuses: eugenics or healthcare? - Sandy Starr (UK)
- What we can say about "Fetal Pain" - Stuart W Derbyshire (Singapore)

Room B

#### CS 7 – Surgical & medical abortion

Chairs: Matt Reeves (USA), Ingrid Sääv (Sweden)

11:00

Cervical priming (mife vs miso vs osmotic) – Paul Blumenthal (USA)

11:15

Safety of office based sedation for surgical abortion (1st and 2nd trimester) - Raina Brethouwer (Netherlands)

11:30

Inducing fetal asystole - Matt Reeves (USA)

11:45

Management of difficult cases and complications in second trimester abortion – Helena Kopp Kallner (Sweden)

12:00

Discussion

Room C

#### CS8 - Contraception

Chairs: Christian Fiala (Austria), Vija Veisa (Latvia)

11:00

Fears about contraception - Christian Fiala (Austria)

11:20

Immediate post abortion LARC – Oskari Heikinheimo (Finland)

11:40

Discussion

- 12:10 FC.09 - Telemedicine for medical abortion in South Africa: a randomised controlled non-inferiority study - Margit Endler (Sweden)
- 12:20 FC.10 - Implementing telemedical abortion service in Germany during the Covid-19 pandemic and beyond - Gesche Bonas (Germany)

Room D **CS 9 - The good, the bad, the ugly: what is happening with abortion across the world**  
Chairs: Beverly Winikoff (USA), Gabie Raven (Netherlands)

- 11:00 The Good: Europe / South America - Nausikaä Martens (Belgium)
- 11:15 The Bad: Europe / Asia - Julia Bartley (Germany)
- 11:30 The Ugly: USA - Alison Edelman (USA)
- 11:45 Government Policies on Accessing Safe Abortion in Europe - Marina Davidashvili (European Parliamentary Forum for Sexual & Reproductive Rights – EPF)
- 12:00 Discussion

Room E **CS 10 – FIGO**

Committees for: Safe Abortion\*; Women Facing Crises\*\*: Human Rights, Refugees and Violence Against Women

Topic: Abortion as reproductive right  
Moderator: Kristina Gemzell Danielsson (Sweden)

- Abortion in humanitarian settings - Maria Persson\*\* (Sweden)
- Promoting Safe Abortion - Teresa Bombas\* (Portugal)
- Advocacy experience on decriminalization - Laura Gil\* (Colombia)

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**12:30 - 14:00 Lunch, exhibition and poster presentations**

Exhibit area

**Poster presentations** (7 minutes presentation and 3 minutes Q&A)  
Moderator: Philippe Faucher (France)

- 12:40 PP.13 - Expanding access to abortion care through medical abortion: findings from the Global Comprehensive Abortion Care Initiative - Rebecca Wilkins (UK)
- 12:50 PP.14 - Long-acting reversible contraception and satisfaction with structured contraceptive counselling among non-migrant, foreign-born migrant and second-generation migrant women: evidence from a cluster randomised controlled trial (the LOWE trial) in Sweden - Karin Emtell Iwarsson (Sweden)
- 13:00 PP.15 - Pre-abortion contraceptive planning predicts the rate and type of post-abortion hormonal contraception use – a registry based study from Finland - Camilla Jäntti (Finland)
- 13:10 PP.16 - Aya Contigo: integrating emotional support into a self-managed abortion and contraception mobile application for Venezuelan women and girls living amidst a humanitarian setting. - Roopan Gill, Isabel Perez (Canada)
- 13:20 PP.17 - Long-term maternal psychosocial stress after unintended pregnancy: findings from the Dutch prospective birth-cohort ABCD study - Wieke Beumer (Netherlands)

- 13:30 PP.18 - 16 years and 22.000 emergency contraception pills provided to teenagers and youth in a Barcelona Youth Sexual Health Center. What have we learnt? - Jordi Baroja (Spain)
- 13:40 PP.19 - Method of anesthesia impact on total operating room time for second trimester surgical abortion. – Simran Kaur, Andrea Henkel (USA)

12:45 – 13:45

Room TBC

**Let's talk about EC:** A casual conversation during the lunch break to discuss strategies to scale up access to emergency contraception. Conveyed by The Asia-Pacific and the European Consortia for Emergency Contraception (APCEC and ECEC).

**14:00 - 15:30 Concurrent sessions 11 - 15**

Room A

**CS 11 – Free Communications**

Chairs: Helena Kopp Kallner (Sweden), Christian Fiala (Austria)

- 14:00 FC.11 - Characteristics of women completing at-home medical abortion through online telemedicine in the Republic of Malta: 2017-2021 - Andreana Dibben (Malta)
- 14:10 FC.12 - The 13.5 mg, 19.5 mg, and 52 mg Levonorgestrel Intrauterine Systems and risk of ectopic pregnancy - Karin Elgemark (Sweden)
- 14:20 FC.13 - Perspectives of pro-choice female physicians on self-managed abortion in three Mexican states - Suzanne Veldhuis (Mexico)
- 14:30 FC.14 - Influence of the COVID-19 pandemic on abortions and births in Sweden: a mixed-methods study - Johanna Rydelius (Sweden)
- 14:40 FC.15 - Postabortion contraception use among women with and without a history of mental disorders: A Dutch prospective 5-year follow-up study - Jenneke van Ditzhuijzen (Netherlands)
- 14:50 FC.16 - Person-centred models of abortion care: Adaptations and innovations during COVID-19 - Rebecca Wilkins (UK)
- 15:00 FC.17 - Service user experiences of novel community medical abortion care in Ireland - Catherine Conlon (Ireland)
- 15:10 FC.18 - Grassroots take the lead: the creation of a European network of abortion providers - Mara Clarke (UK)

Room B

**CS 12 - Vulnerable groups**

Chairs: Deborah Bateson (Australia), Nausikaä Martnes (Belgium)

- 14:00 Abortion care for adolescents - Patricia Moore (Australia)
- 14:15 Abortion care for refugee and migrant women - Berna Dilbaz (Turkey)
- 14:30 Caring for patients with complex medical needs: don't be scared, be prepared – Andrea Henkel (USA), Paul Blumenthal (USA)
- 14:45 Patterns of teenage pregnancy in Estonia over the last three decades - Kai Haldre (Estonia)
- 15:00 Discussion

Room C

**CS 13 - Changing abortion and contraceptive care**

Chairs: Gaby Halder (Germany), Beverly Winikoff (USA)

- 14:00 Abortion and unintended pregnancy worldwide - Jonathan Bearak (USA)
- 14:15 Covid, abortion and contraception: impetus or impediment ? - Kaye Wellings (UK)

- 14:30 Normally prescribed mifepristone, effect on abortion access, providers and safety - Wendy Norman (Canada)
- 14:45 Decriminalising abortion: what do patients and providers think? - Rebecca French (UK)
- 15:00 Discussion

Room D **CS 14 – RCOG**

The abortion care education deficit: advocating for increased access to abortion education and training

Session moderator: Patricia Lohr (UK)

- Dealing with the abortion care education deficit in countries with restrictive legal frameworks - Bintu Mansaray (Sierra Leone)
- Advocating for comprehensive undergraduate healthcare student education on abortion - Jayne Kavanagh (UK)
- Ensuring abortion training in the United States despite legal restrictions – Jody Steinauer (USA)

Room E **CS 15 – REVHO/ANCIC session** (French network of abortion providers providing medical abortion; National Association of Abortion and Contraception Centers)

Chairs: Philippe David (France), Anne Verougstraete (Belgium)

- Teleconsultation for medical abortion in France, a difficult challenge - Danielle Hassoun (France)
- New delay for abortion until 16 weeks of gestation : How we managed to change the French law in 2022 - Philippe Faucher (France)
- How to approach contraception with people with disabilities? Example of films produced by ANCIC (National Association of Abortion and Contraception Centers) - Emmanuelle Lhomme (France)

**15:30 - 16:00 Refreshments, exhibition**

Exhibit area

**16:00 - 16:30 Prize giving: Best oral communications & posters and FIAPAC/Exelgyn grant**

Room A

Chair: Sharon Cameron (UK), Nausikaä Martens (Belgium)

**16:30 - 17:45 Plenary session 4: Why bright legal lines are a problem**

Room A

Chairs: Ann Furedi (UK), Sharon Cameron (UK)

- 16:30 Do laws shape our practice? Does practice shape our laws? - Sally Sheldon (UK)
- 16:55 Preventing or ending pregnancy? Does it matter? Do we care ? - Clare Murphy (UK)
- 17:20 Stopping the clock on abortion time limits - Ann Furedi (UK)



**17:45 - 18:00**    **Closing remarks**  
Room A

Closing remarks - Paul Blumenthal (USA)  
FIAPAC - looking forward to the future – FIAPAC President Elect

**18:00**            **Au revoir drinks**  
Exhibit area

## **Sunday, 11 September 2022**

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09:00 – 12:00    **Post-conference session - Francophone session**  
Room A            Session coordinators: Philippe David, France - Martine Hatchuel, France

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