Comparison of two low sensitivity urinary pregnancy tests (1000IU) used for the self assessment of the success of early medical abortion

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- 72% ≤ 9 weeks gestation
- Majority have EMA and pass the pregnancy at home

# Follow up after early medical abortion





Chalmers Centre, Edinburgh

### "Self assessment" after EMA

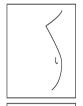




# Please remember you might still be pregnant if you have any of the following:



Please contact us if you have not bled within 24 hours of treatment or if you have less than 4 days of bleeding, or:



Tummy growing, or:



Tender breasts, or:



You do not have a period by 1 month after treatment.



Feeling sick, or:

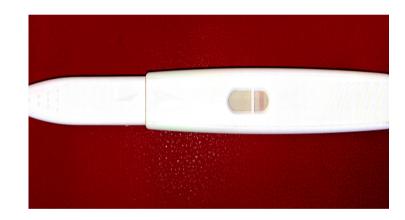
Cameron et al 2014

# Low sensitivity urinary pregnancy tests (LSUP)

 Before October 2014 Babycheck- 1 duo



After October 2014 Check4



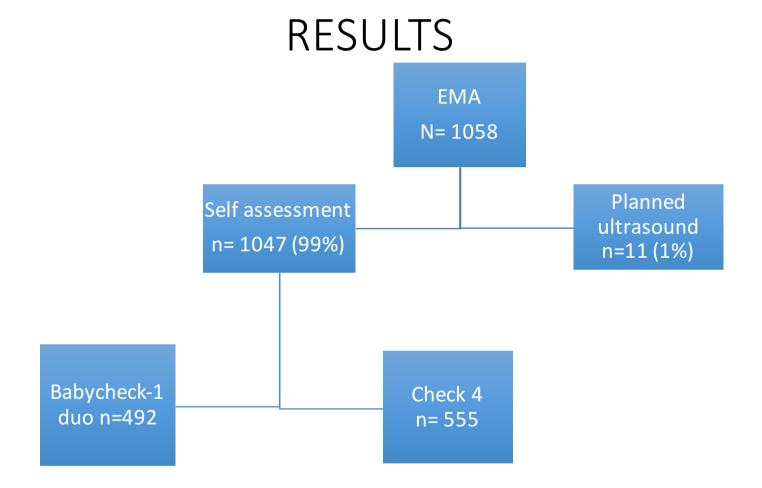
Quadratech diagnostics,UK

#### AIMS

- To determine whether the single window Check4 Pregnancy low sensitivity urinary pregnancy test (LSUP);
  - a) improves the detection of ongoing pregnancies when compared with the double window Babycheck-1 duo and
  - b) if there are any differences in reported invalid/inconclusive or positive results between the two tests.

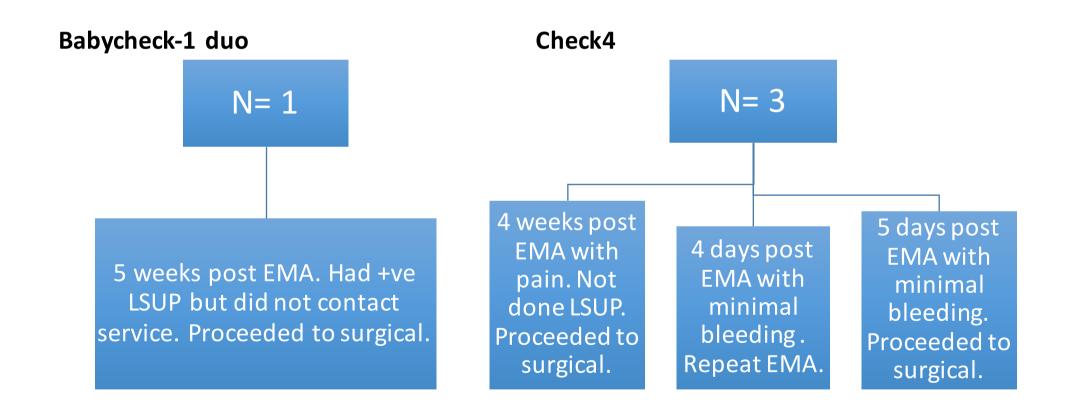
#### **METHODS**

- Retrospective database review
- 10 months before and 10 months after introduction of the new LSUP.
- National computerized sexual health and regional computerized hospital records.
- Demographics, positive or invalid tests, ongoing pregnancies.

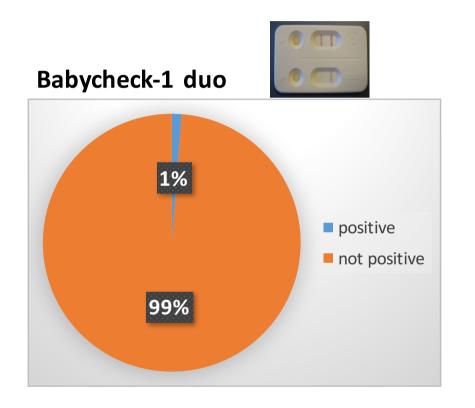


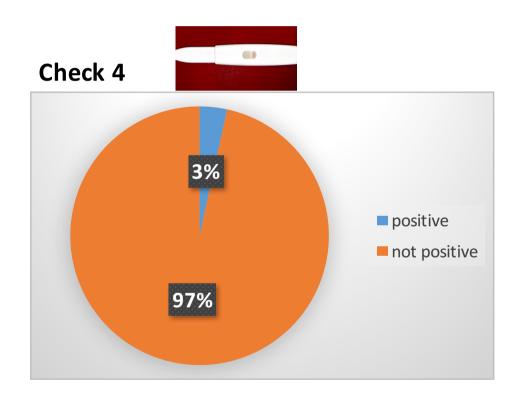
	Babycheck-1 duo LSUP N= 492	Check4 LSUP N=555
Age (years) range	16-47	16-47
Mean (SD)	26.7 (6.7%)	27.0 (6.7%)
Gestation (days)		
<49	345 (70%)	383 (69%)
50-56	89 (18%)	108 (19%)
57-63	57 (12%)	64 (12%)
>64	1 (0.2%)	0 (0%)
Reproductive history		
Previous birth	210 (43%)	207 (37%)
Previous abortion	158 (32%)	190 (34%)
Nulliparous	193 (39%)	252 (51%)

#### RESULTS – ONGOING PREGNANCIES



## RESULTS — POSITIVE TESTS

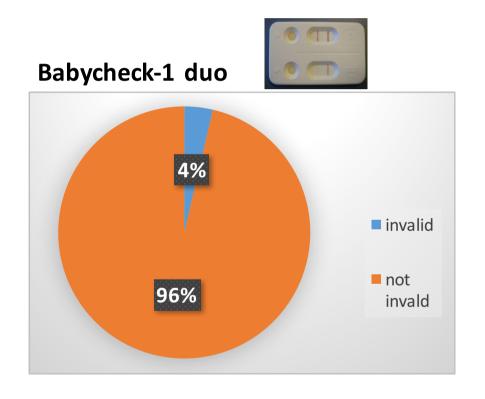


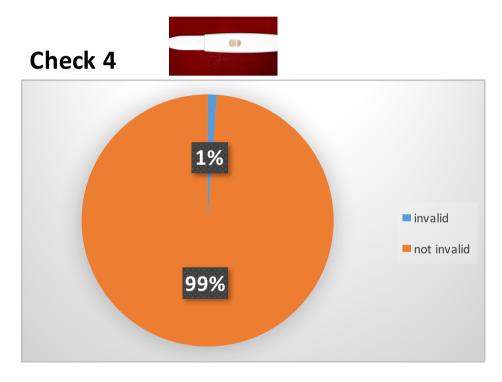


1 ongoing pregnancy 20% rpoc on ultrasound

P=0.0244

# RESULTS – INVALID/INCONCLUSIVE TESTS





P= 0.0064

### DISCUSSION

- Introduction of Check4 LSUP not altered detection rate of ongoing pregnancies
- Ongoing pregnancies can be detected before LSUP if woman recognises signs & symptoms.
- Services should provide CLEAR information on self assessment.
- Differences in invalid and positive results between the tests
- Check4 probably easier to use & interpret compared with babycheck-1 duo.



### **AKNOWLEDGMENTS**

• We are grateful to Anne Johnstone (research nurses) for assistance with data collection.