

# How to approach contraception with people with disabilities ?

## Example of films produced by ANCIC

Emmanuelle Lhomme

PH, Planning and abortion Unit, Hôpital Cochin  
Port-Royal, Paris - ANCIC



# Conflict of interest

The author have no commercial interests or associations that might pose a conflict of interest regarding this presentation.



**World Health  
Organization**

10% of the world's population live with a disability.

the same sexual and reproductive health needs as other people.

barriers to information and services.

more forced marriage, domestic violence, and other types of physical, emotional, and sexual abuse for women

greater risk of sexual abuse for men

ignorance and attitudes of society, including health-care providers, raise most of these barriers – not the disabilities themselves.



Promoting sexual and reproductive health for persons with disabilities WHO/UNFPA guidance note 2009

# Barriers to accessing sexual and reproductive health information

Lack of training and confidence of health professionals

Lack of recourse to professionals by people with disabilities and their families

Lack of consultations adapted to disabilities: example of sign language for the hearing impaired...

Little access to appropriate resources for individuals and professionals.

# People with disabilities

Lack of knowledge about the body, prevention messages, contraception methods...

Need to access essential information to make independent choices about their sexuality and contraception.



# 24%

## de la population active

(tranche d'âge 15-64 ans)

# 54%



# 46%



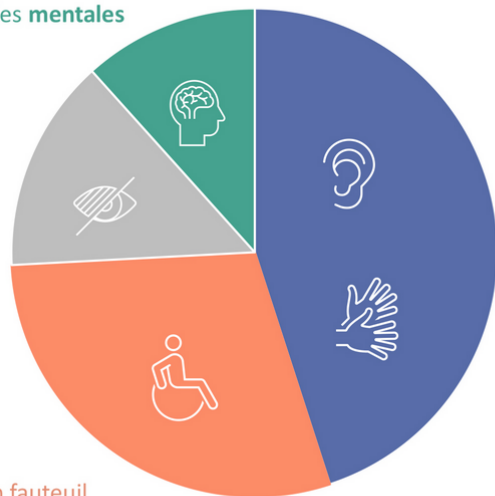
# Disability in France

## 700 000

personnes handicapées mentales

1,7 millions de personnes concernées par un handicap visuel

3,5 millions de personnes à mobilité réduite dont 650 000 personnes en fauteuil



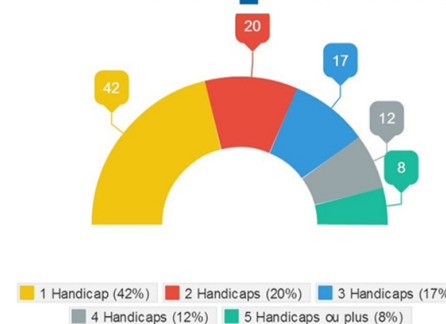
■ Audition ■ Mobilité ■ Vision ■ Mental

## 12 millions de citoyens en situation de handicap en France

5,4 millions de personnes concernées par un handicap auditif



## Le plurihandicap



Répartition du plurihandicap dans la population active en %

Certaines personnes peuvent souffrir de plusieurs handicaps ou déficiences.

On appelle cela le plurihandicap.

D'autres handicaps que les principaux existent (handicap sensoriel, troubles cognitifs, etc.).

Le plurihandicap ne doit pas être confondu avec le polyhandicap qui associe une déficience mentale sévère et un déficit moteur grave entraînant une restriction extrême de l'autonomie.

# Actions of professionals in education on emotional and sexual life

- 3 sessions per year and per age group from elementary school to high school in France
- Animation of the sessions in schools, social or medico-social establishments by professionals

To provide a space for discussion

To develop mutual respect and critical thinking among young people

Provide safe information

Develop risk perception

Inform about places and people to contact

# www.contraception-et-idees-recues.com



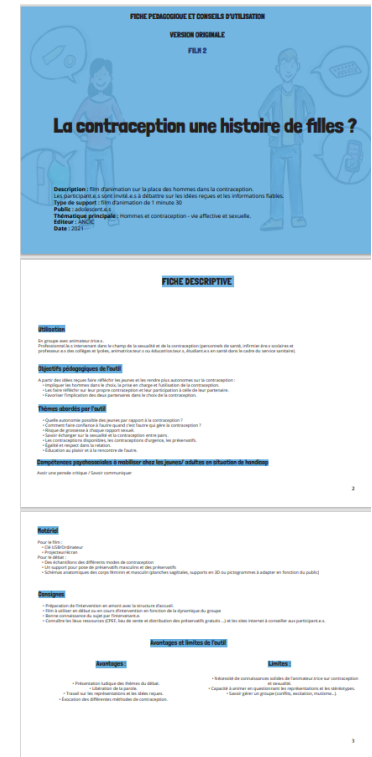
## CONTRACEPTION

FAIRE ÉVOLUER LES JEUNES, LES FAIRE RÉFLÉCHIR ET LES RENDRE PLUS AUTONOMES SUR LA CONTRACEPTION

### COMMENT SE DÉBARRASSER DES CLICHÉS ET DES IDÉES REÇUES ?

- LA CONTRACEPTION, UNE HISTOIRE DE FILLES ?
- LA CONTRACEPTION, ÇA MARCHE OU ÇA MARCHE PAS ?
- LA CONTRACEPTION, ÇA CRAINT ?
- LA CONTRACEPTION, ÇA COUPE L'ENVIE ?
- MA CONTRACEPTION, QUI LA CHOÏSIT ?

5 FILMS D'ANIMATION DE 1 MINUTE 30 • FILMS ET FICHES PÉDAGOGIQUES ACCESSIBLES  
SUR LE SITE : [HTTP://ANCIC.ASSO.FR/SPIP.PHP?ARTICLE1055](http://ancic.asso.fr/spip.php?article1055) • [CONTACT@ANCIC.ASSO.FR](mailto:CONTACT@ANCIC.ASSO.FR)







PATCH



STÉRILET



# Specificity of the tools for people with disabilities

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- Avoid questions and confusion; add symbols, slow down the speed, subtitled version and sign language version
- Rethink the themes and resource links of the cards
- Create a new film: “Contraception is useful !”











[www.ancic.asso.fr](http://www.ancic.asso.fr)

[www.contraception-et-idees-recues.com](http://www.contraception-et-idees-recues.com)

- More than 5000 views on the website in one year
  - More than 1200 downloads in one year

# Conclusion

How to promoting sexual and reproductive health for persons with disabilities ?

## Box 5. Ten key messages that raise awareness

1. Disability is everyone's business.
2. Persons with disabilities are not necessarily sick.
3. Persons with disabilities have sex too.
4. Access means more than ramps.
5. Persons with disabilities want the same things in life that everyone wants.
6. For persons with disabilities, prejudice can be the biggest barrier.
7. Everywhere and always, persons with disabilities are entitled to self-determination, privacy, respect, and dignity.
8. It is best and usually easy to mainstream health services that accommodate persons with disabilities.
9. Persons with disabilities are a crucial constituency in all programmes.
10. Programmes best suit persons with disabilities when persons with disabilities help to design them. "Nothing about us without us" is a key principle.

# Acknowledgements

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