

How can a fellowship program be started in Europe?

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Fellowship in Family Planning


Fellowship in Family Planning

Developing Tomorrow's Leaders
in Reproductive Health

The Fellowship in Family Planning (FFP) is the only subspecialty training program in the United States focused on research and clinical skills in contraception and abortion

Kenneth J. Ryan Residency Training Program in Abortion and Family Planning (1999)

The Kenneth J. Ryan
RESIDENCY TRAINING PROGRAM
in Abortion and Family Planning

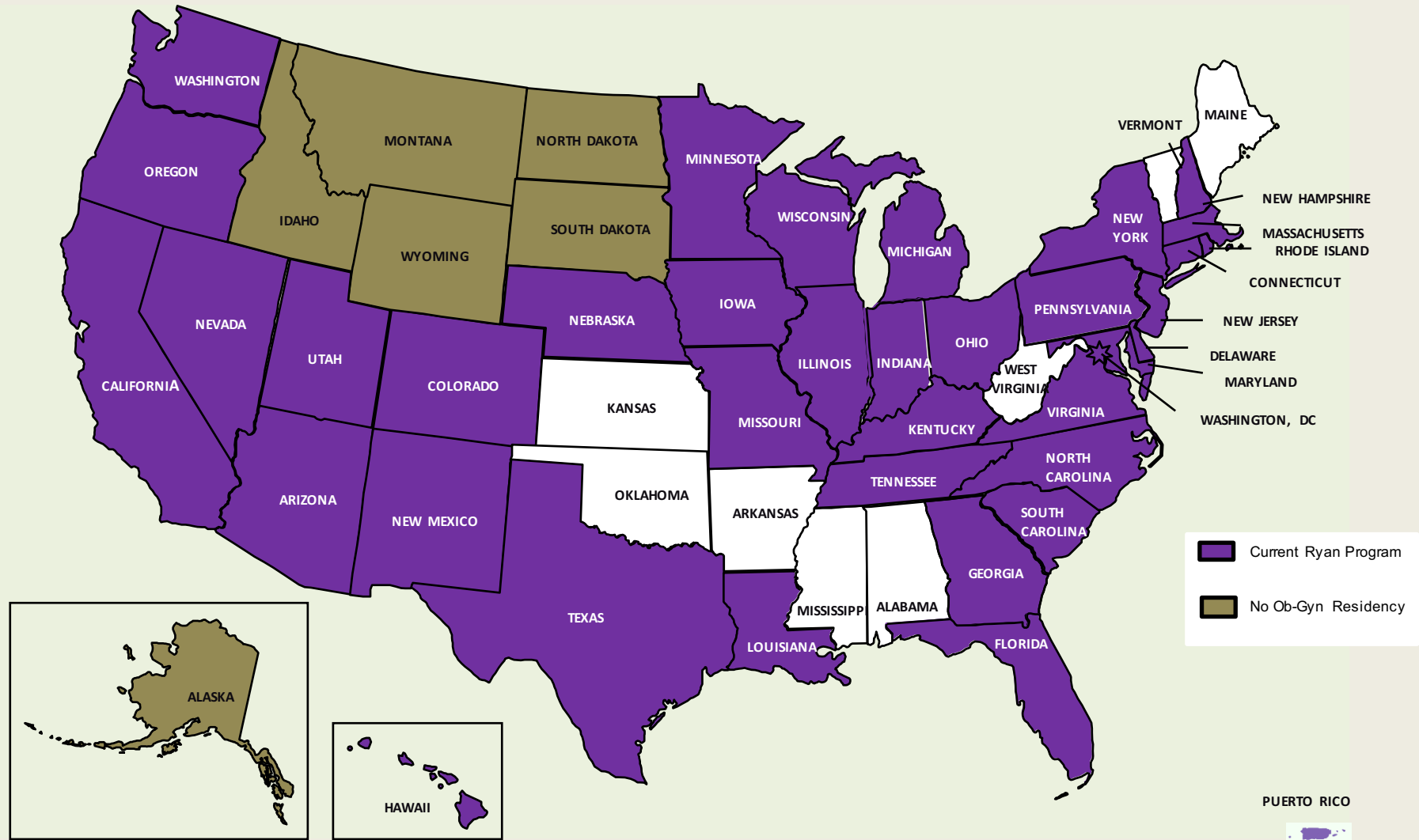


Supporting Abortion and Family Planning Training in Obstetrics
and Gynecology Residency Programs

Coordinated at the Center for
Reproductive Health Research & Policy
University of California, San Francisco,
Department of Obstetrics, Gynecology
and Reproductive Sciences

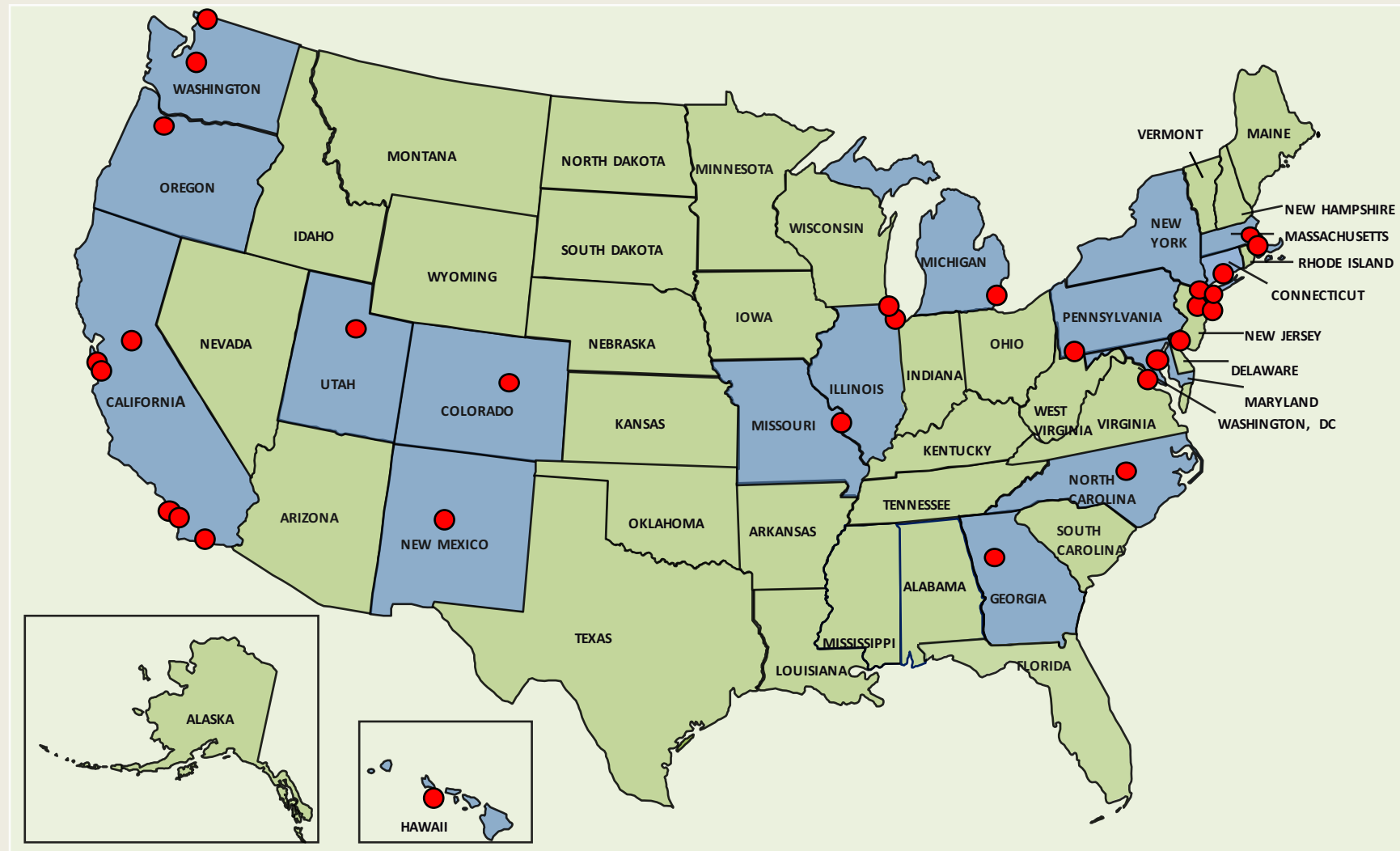


90 Ryan Program Sites



Over 5000 residents trained

Fellowship in Family Planning Sites



30 Fellowship sites in 17 states, Washington, D.C. and Canada

Graduates of our fellowship:

- Conduct and publish research
- Improve clinical care
- Advocate for safe abortion and contraception
- Create training mandates and standards
- Integrate family planning training
- Advise governments, NGOs, Pharma

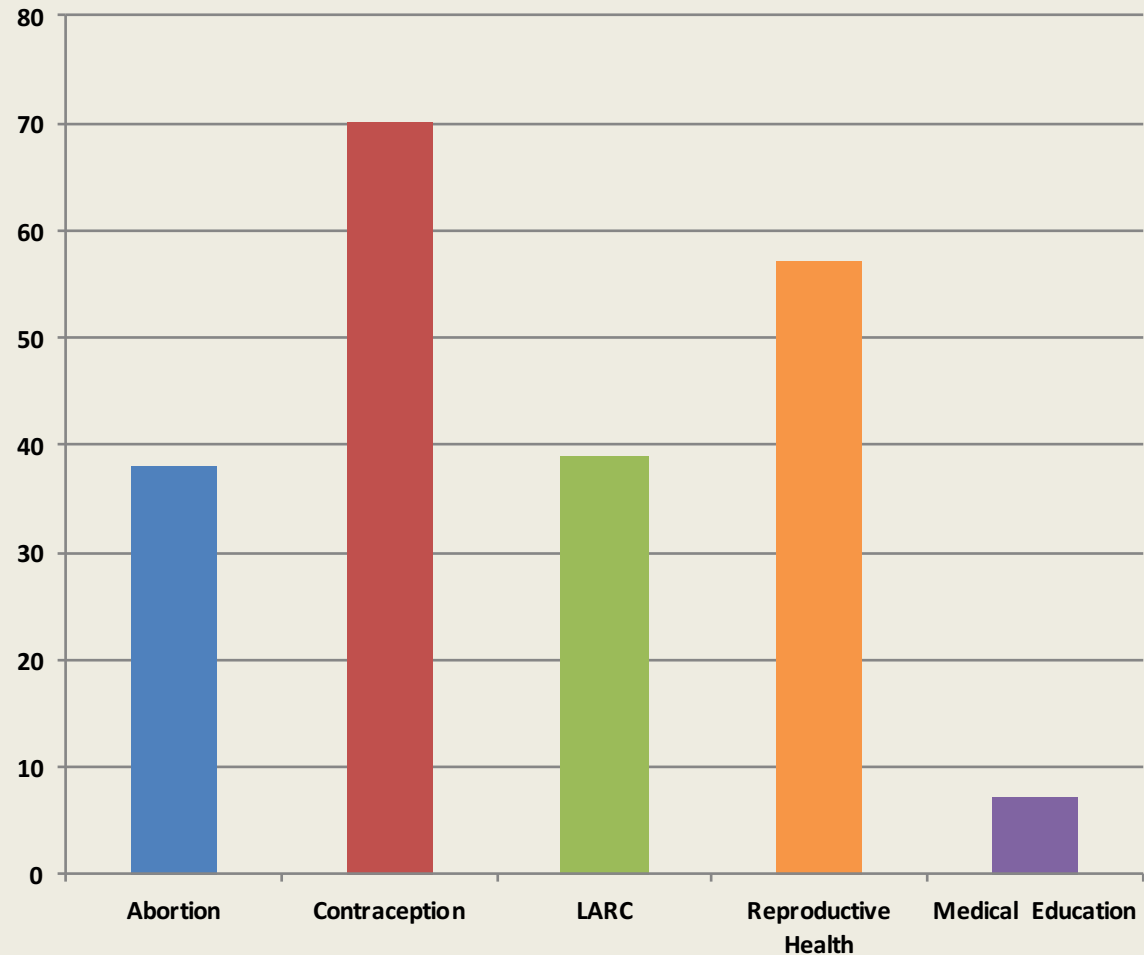
Job Opportunities

- 57 open positions for “Family Planning Specialists”
 - 25 (44%) are with academic institutions
- Of the 110 Ryan Program directors, 64 are graduates of the Fellowship (58%)
- 18 PPFA medical directors are FFP graduates

Scientific Advancement

- Over 200 publications from the FFP community over the past year
- Research grants from NIH, NIDA, SFP, CDC, pharma industry, Gates Foundation, and local health departments

FFP Publications June 2015 - June 2016



N=211

Culture Change



So what did we do?

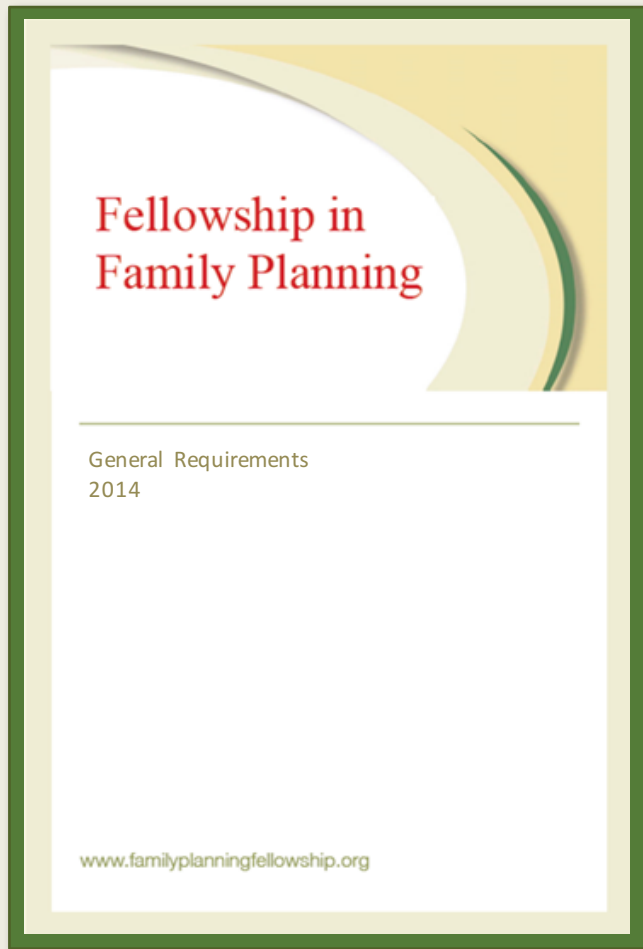
Subspecialty Training in Obstetrics and Gynecology

- 127 accredited medical subspecialties in the US
- American Board of Obstetrics and Gynecology Approved Fellowships
 - Reproductive Endocrinology and Infertility
 - Maternal Fetal Medicine and Genetics
 - Gynecologic Oncology
 - Female Pelvic Medicine and Reproductive Surgery

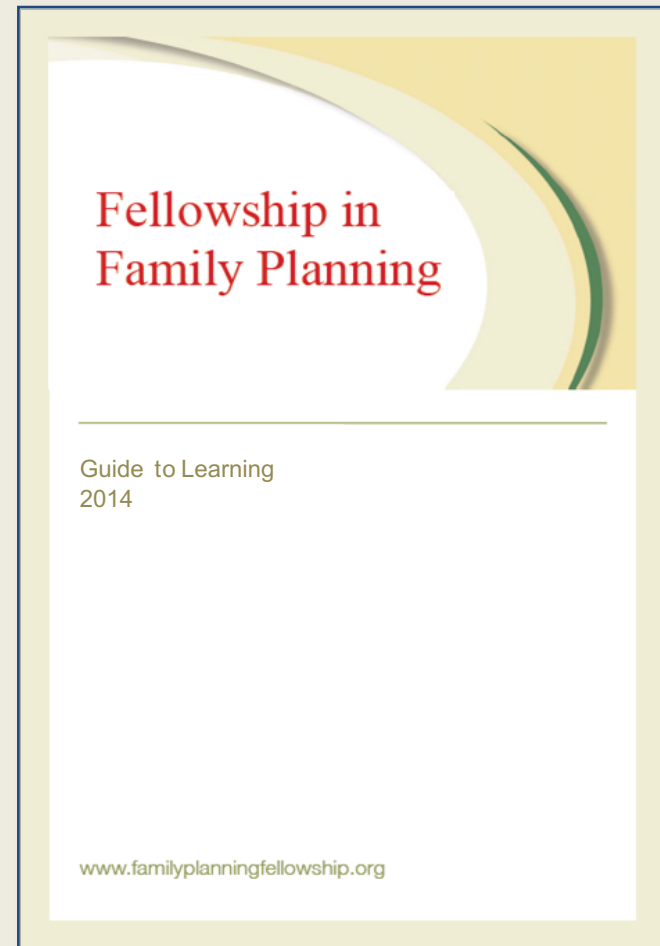
Subspecialty Standards and Components

- General and special requirements
- Research requirement
- Standardized evaluation of existing sites every 1-3 years
- Formal applicant match (NRMP rules)

FFP Requirements and Guide to Learning



General Requirements



Guide to Learning

How our Fellowship goes beyond:

- General and special requirements
- Research requirement
- Standardized evaluation of existing sites every 1-3 years
- Formal applicant match (NRMP rules)
- **Research training**
- **Requirement of MPH or MSc**
- **Publishable thesis**
- **Global Health rotation**
- **Advocacy training**
- **Workshops to address the emotional aspect of abortion work**
- **Creating a community of professional colleagues**

Global Health Rotation

- In 2015-16, 19 fellows completed an international rotation spanning 13 countries
- 58% collaborated with academic institutions, 21% worked with a NGO, and 21% worked with the World Health Organization



Advocacy training



Psychosocial Workshop

Themes include:

- Stigma
- Safety and security
- Unsupportive colleagues
- Speaking about our work to family and friends
- The extent to which we place value on the fetus
- Emotional responses to serious complications
- Abortions that make us uncomfortable



Community of Professionals

The Fellowship Listserv serves as a forum for discussion of complex clinical questions.

Recent questions:

- IUD use in metastatic melanoma patient
- LNG-IUS in transgender patient on testosterone
- Copper IUD for patient receiving ECT
- Contraception in Porphyria, ITP, others

**What are the most
important ingredients for
a successful fellowship?**

Ingredients for a Successful Fellowship

- Vision
- Champions
- Funding
- A pipeline through our Ryan Residency Training Program which inspires potential fellowship applicants

Fellowship in Europe

In order to pursue a fellowship in Europe, we need:

- Agreement among professional leadership that a family planning fellowship is a worthwhile goal
- Academic champions
- Research training
- **Clinical training opportunities in the teaching hospital**

Questions to ask yourself:

- How are you preparing the next generation of leaders in the field?
- Who is engaging in:
 - Research?
 - Clinical training?
 - Setting standards and guidelines?
 - Advocacy?


**Can a Fellowship
help move beyond
the status quo?**

Thank you!

Uta.Landy@ucsf.edu

www.ryanprogram.org

www.familyplanningfellowship.org



innovating education
in reproductive health

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Visit to access 14 hours of video lectures in 4 topic areas and more than 30 field interviews:

CLINICAL 14 lectures	GLOBAL HEALTH 9 lectures	PUBLIC HEALTH 6 lectures	SOCIAL SCIENCE 8 lectures
<ul style="list-style-type: none">•uterine aspiration•medication abortion•managing complications•pain management	<ul style="list-style-type: none">•preventing maternal mortality•abortion in the international context	<ul style="list-style-type: none">•paying for abortion•improving access to safe care•abortion in the primary care setting	<ul style="list-style-type: none">•stigma•health disparities•history of abortion•representations in film and media

Innovating Education in Reproductive Health is a program of the Bixby Center for Global Reproductive Health at the University of California, San Francisco.

Online course about abortion

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www.innovating-education.org