



**Association between
women understanding
various contraceptives
& the influence upon
unplanned pregnancy
outcomes**

11 year study

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LEGEND

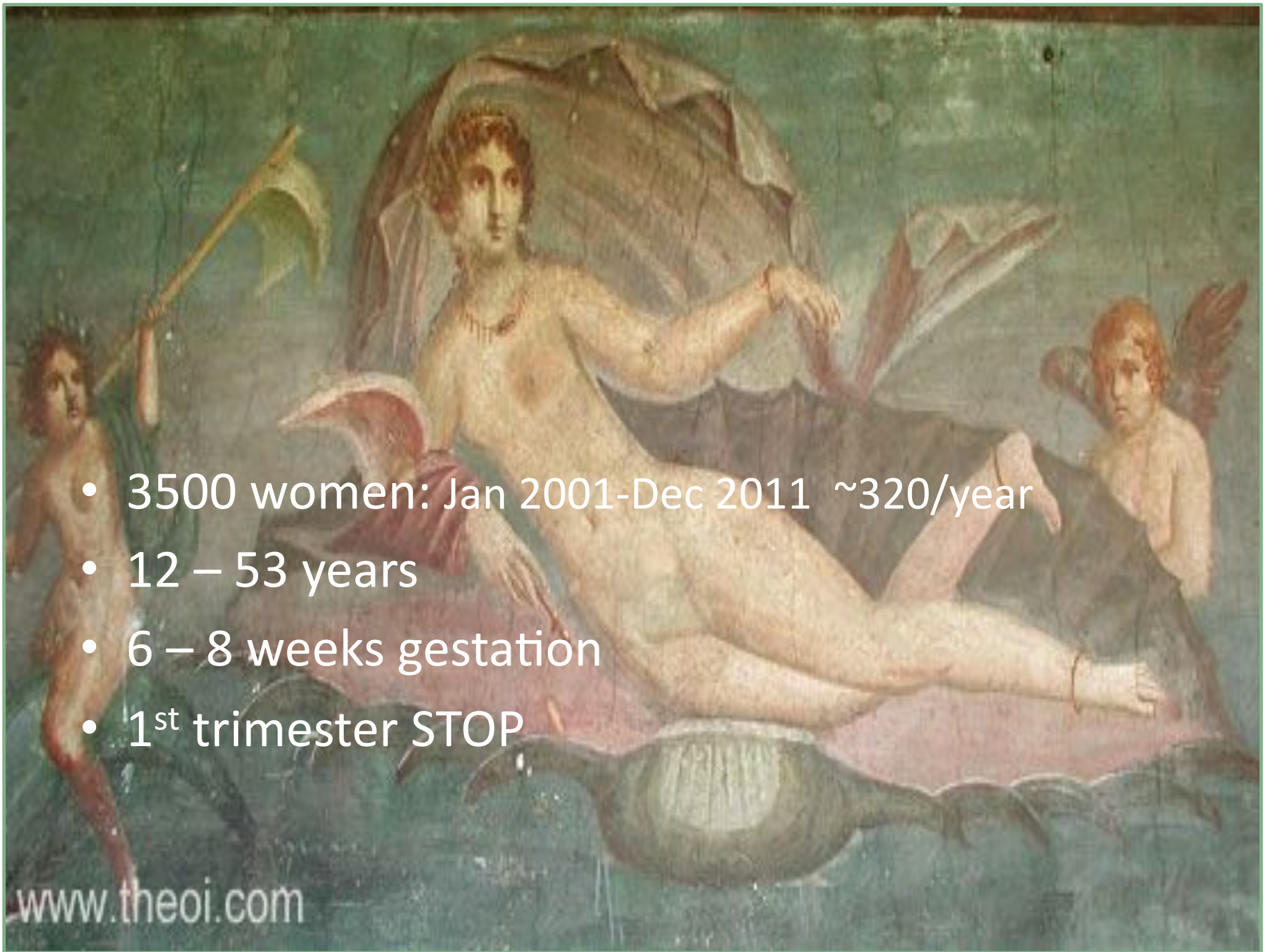
- State Boundary
- Major Road
- Rail
- River
- Major City
- Sea Port
- Country Capital
- Airport

Australian Overseas Territories

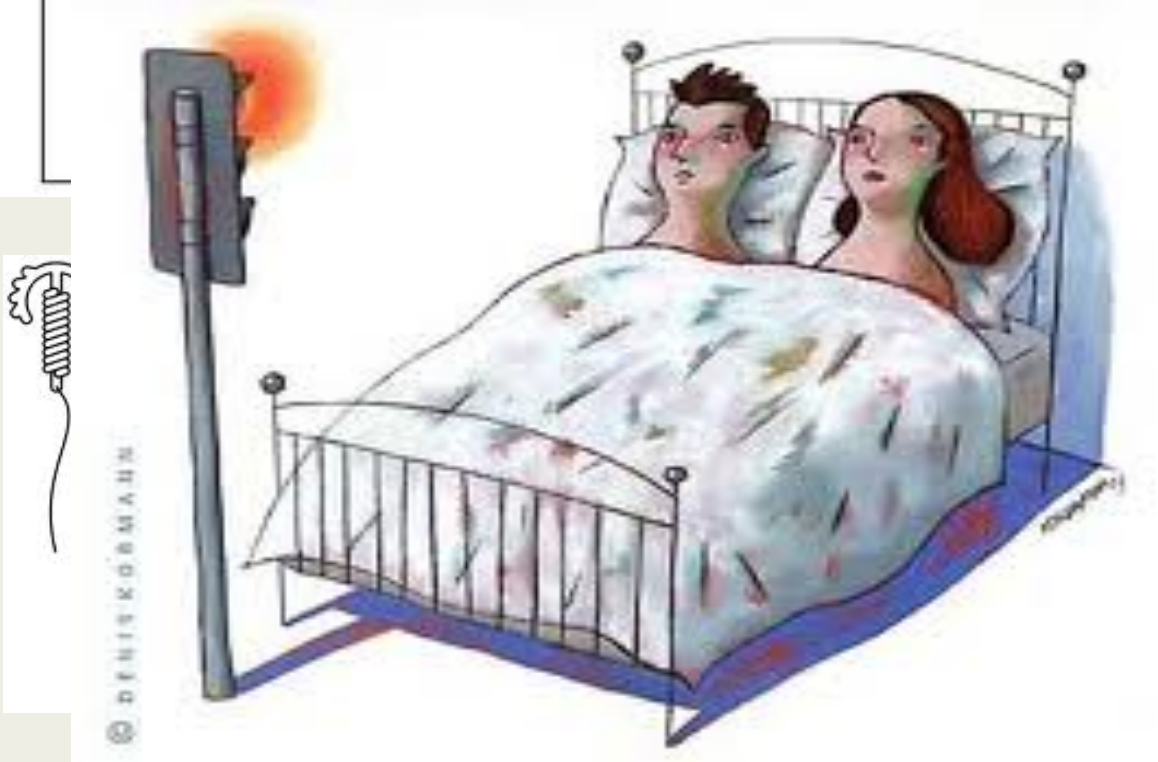
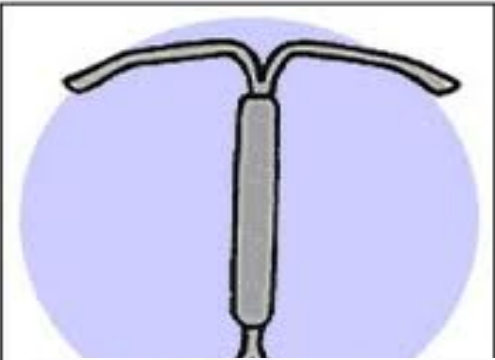


Map not to Scale

0 300 600 Km



- 3500 women: Jan 2001-Dec 2011 ~320/year
- 12 – 53 years
- 6 – 8 weeks gestation
- 1st trimester STOP



Biopsychosocial Model of Health

...discussion is inclusive of the realities of
daily contributing factors including
practice and beliefs of contraceptives



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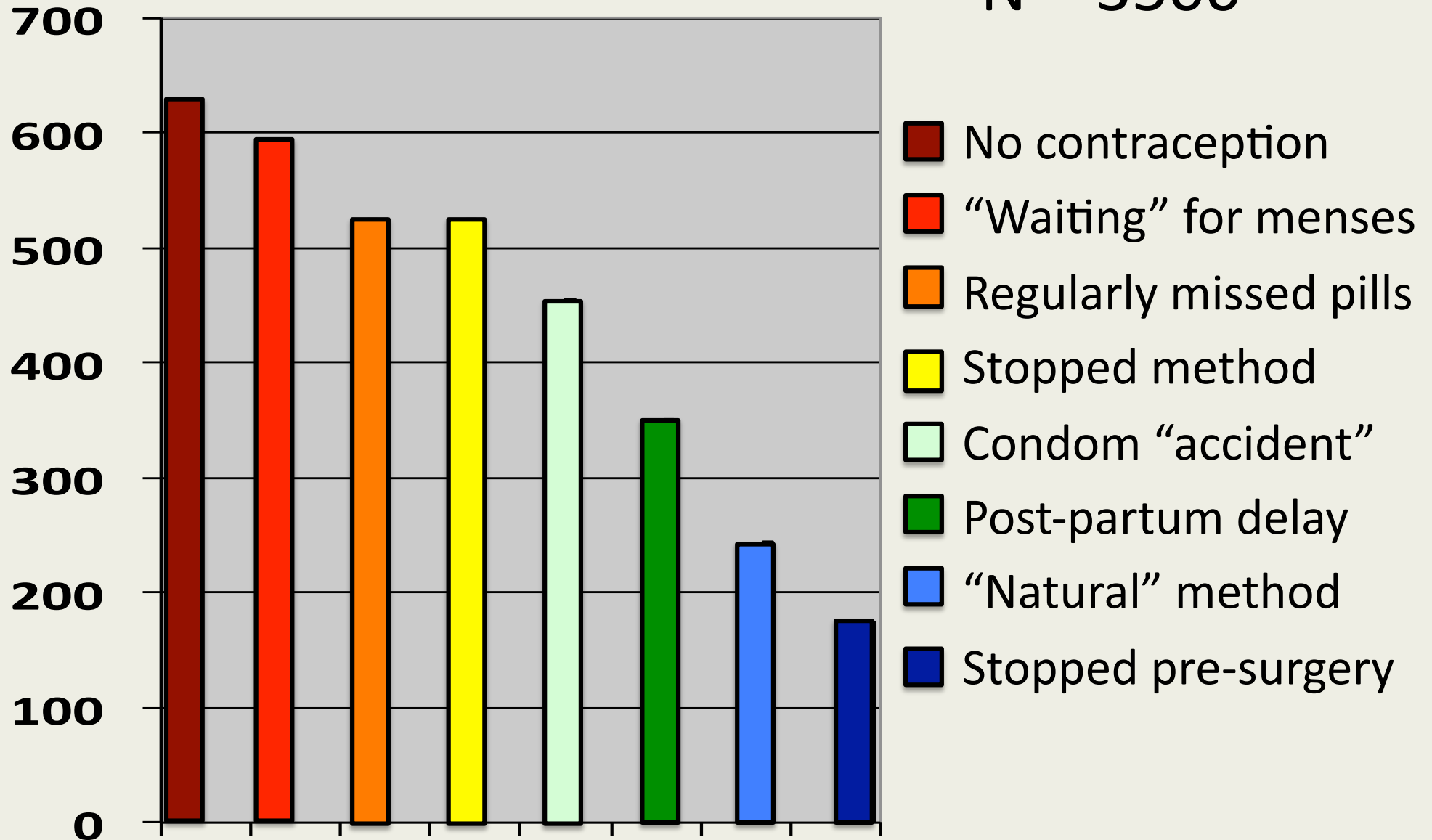
Alamy

Effective Contraception is Only Achievable....IF...

- Women of all ages given clear, unbiased choices
- Clear, unbiased information
- Potential & real side effects
- Plain information on how to use chosen method

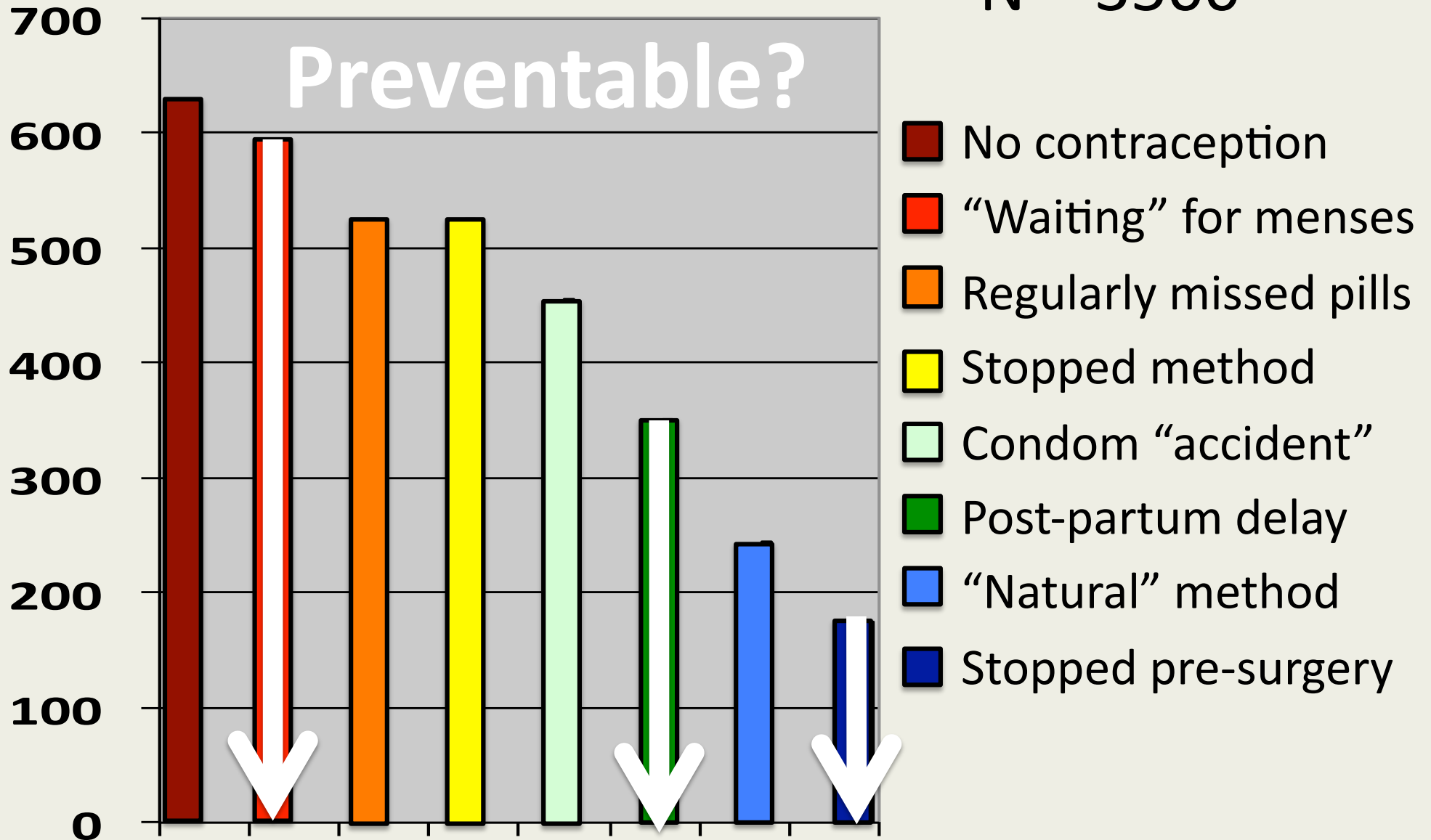
Reasons for Unplanned Pregnancy

N = 3500



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N = 3500



Challenge the Myths



- “Only for those in committed relationships”
(implant & IUD/IUS)
- “Only for those who have had children” (IUD/IUS)
- “Promotes promiscuity”
(implanon & IUD/IUS)
- “IUD/IUS only for older women”
- “Increases STIs/PID”
(implant & IUD/IUS)
- “Causes infertility”

Reasons for Failure to Use Method

- Poor understanding of LARC methods (HCPs & Patients)
- Misconceptions: usage, efficacy, risks & side effects
- Perception that COCP gives a greater sense of control
- Beliefs of consumers influenced by friends' experiences
- HCP need to 'normalise' use of contraception – esp. LARC

Need To Overcome Misinformation



Henri Matisse – The Joy of Life – 1905-6

Training to decrease myths in HCPs

Encourage implants & IUDs in adolescents

Same day insertion

Quickstart