

**ADDRESSING UNINTENDED PREGNANCIES AND UNSAFE ABORTIONS
AMONG YOUTH IN KENYA:**



FAMILY HEALTH OPTIONS OF KENYA

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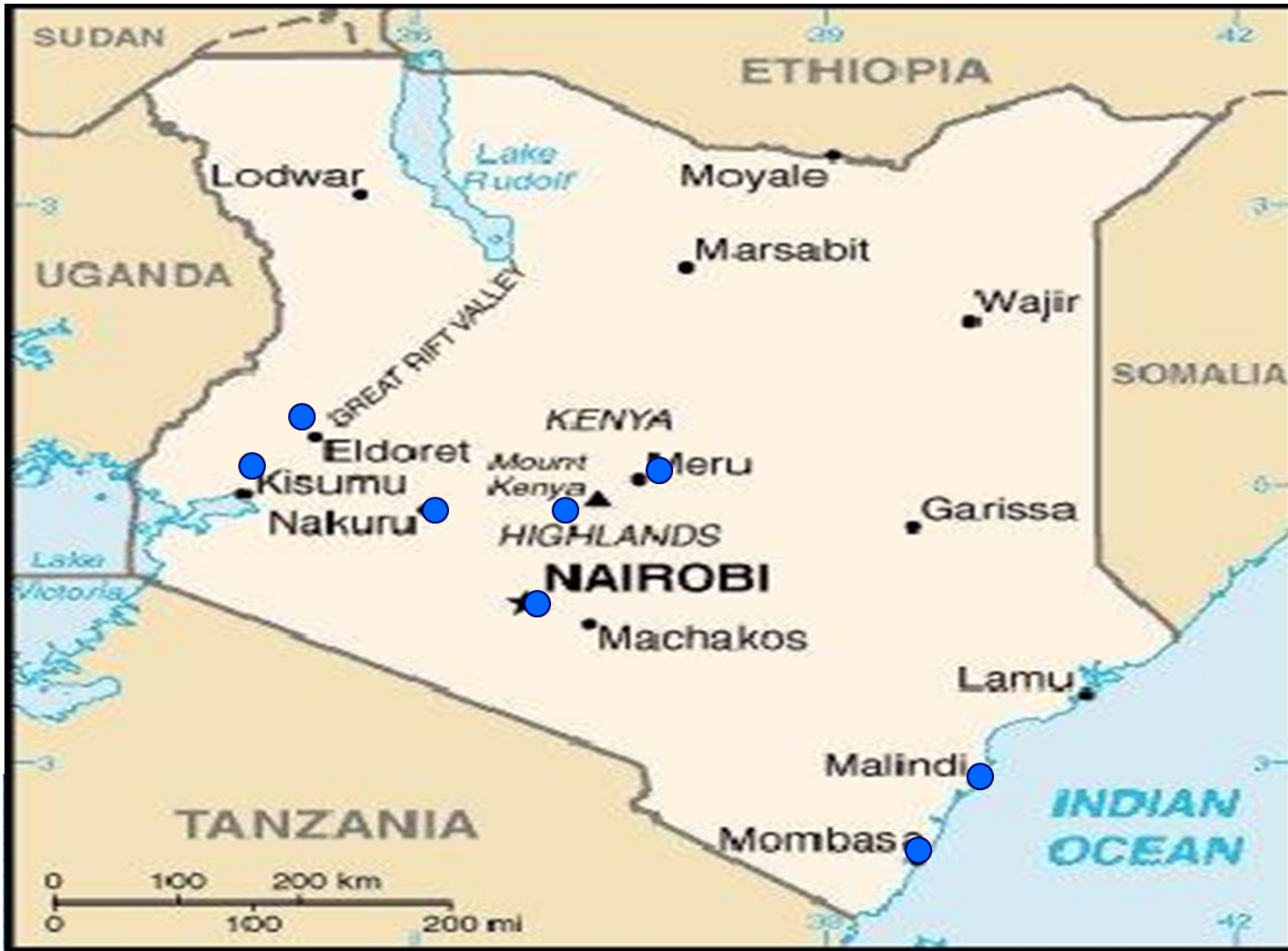
PRESENTATION OUTLINE

- ▶ Background information
- ▶ Country context
- ▶ Objectives
- ▶ Methodology
- ▶ Results
- ▶ Facilitating factors
- ▶ Challenges
- ▶ Lessons Learnt
- ▶ Way forward

BACK GROUND

- ▶ Globally unsafe abortion contributes to 13% of maternal deaths (WHO,2011)
- ▶ Unsafe abortion incidence rate stands at 14/1000 women aged 15-49 years worldwide, Eastern Africa leads at 39/1000 (WHO, 2007)
- ▶ Incidence rate of induced abortions in Kenya in 2012 was 48/1000 women aged 15-49 years (MoH, 2012)
- ▶ Maternal mortality in Kenya is still high at 488/100,000 live births
- ▶ Unintended pregnancy is a major contributor to unsafe abortion
- ▶ CPR stands at 46% while unmet need for family planning is 26% (KDHS, 2008/09)

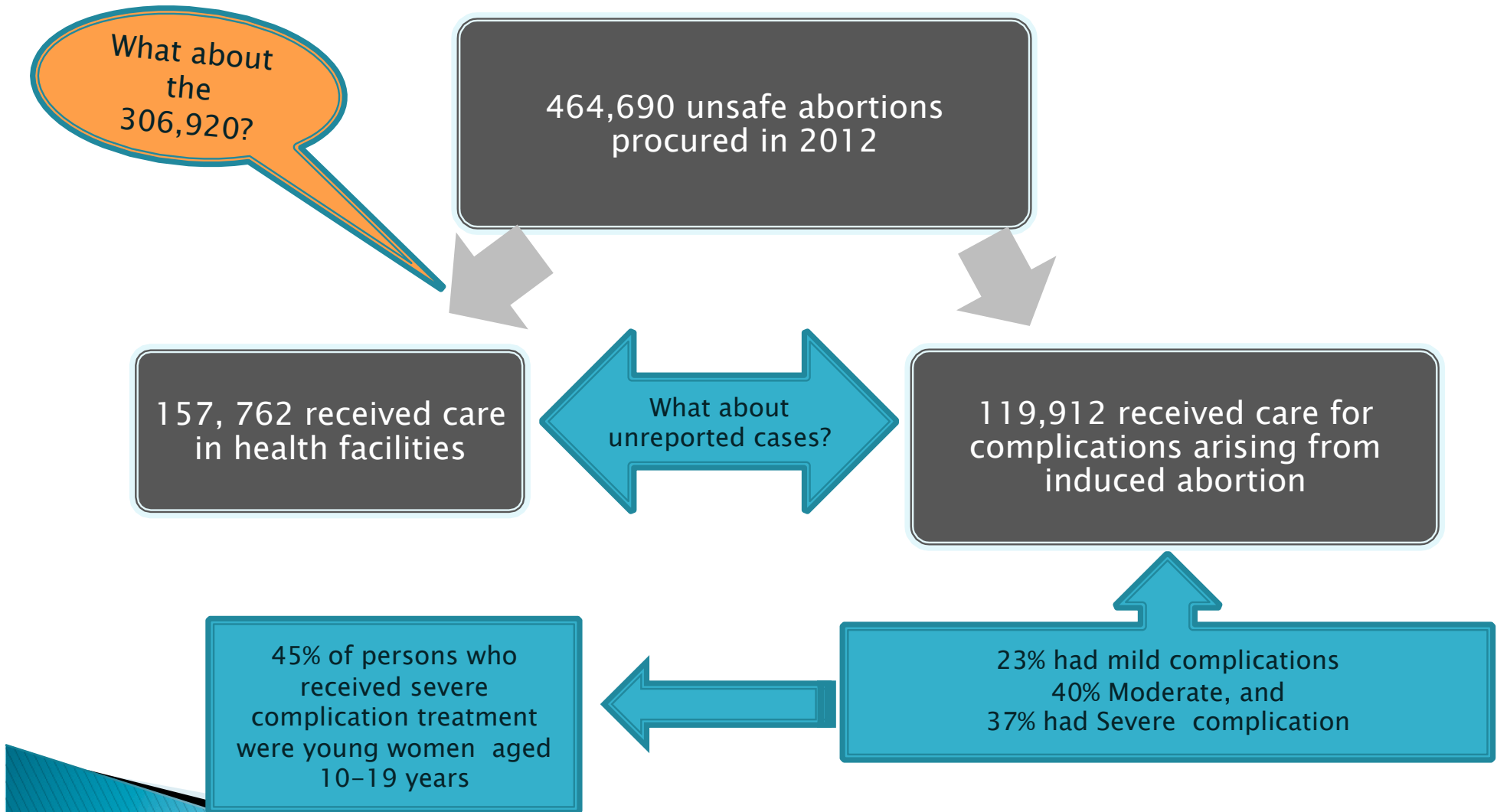
NATIONAL COVERAGE



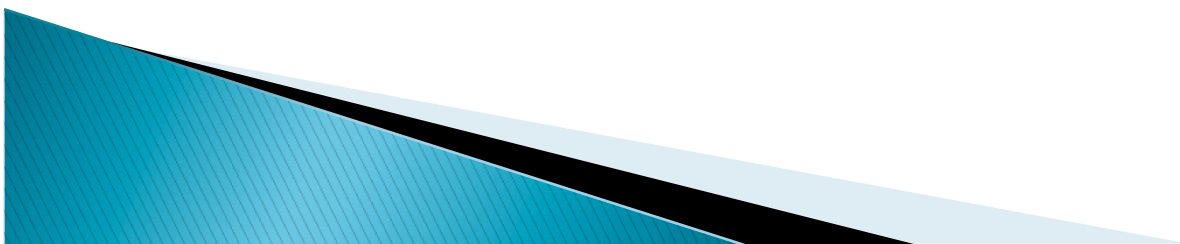
FamilyCare
Medical Centres



KENYAN CONTEXT



OBJECTIVES	YEAR 1 2013	YEAR 2014	YEAR 2015	TOTAL
Increase access to comprehensive abortion care	4,178	6,214	9,431	19,823
Increased access to treatment for incomplete abortion with 3,494 clients served by the end of 2015	587	1,006	1,901	3,494



METHODOLOGY

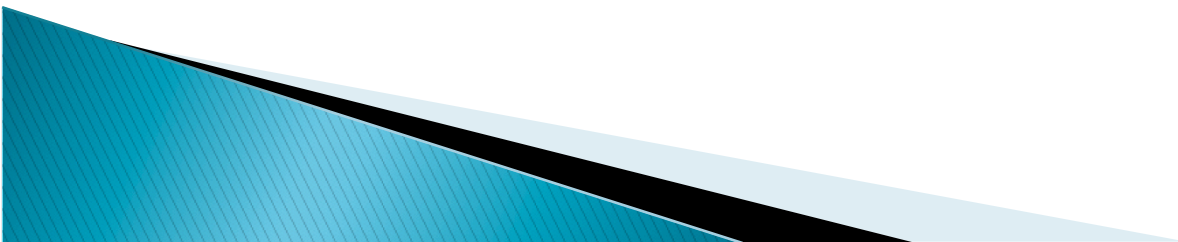
- ▶ Strategy 1: Strengthen Provider Capacity to serve Young people
 - Youth Friendly Service provision training
 - CAC&PAC training
 - Contraceptive technology training
 - Service integration training
 - Recruitment of youthful providers

- ▶ Strategy 2: Improvement of quality of care
 - Health facility refurbishment
 - Ensure commodities, equipment and essential supplies
 - Strengthening of referral system

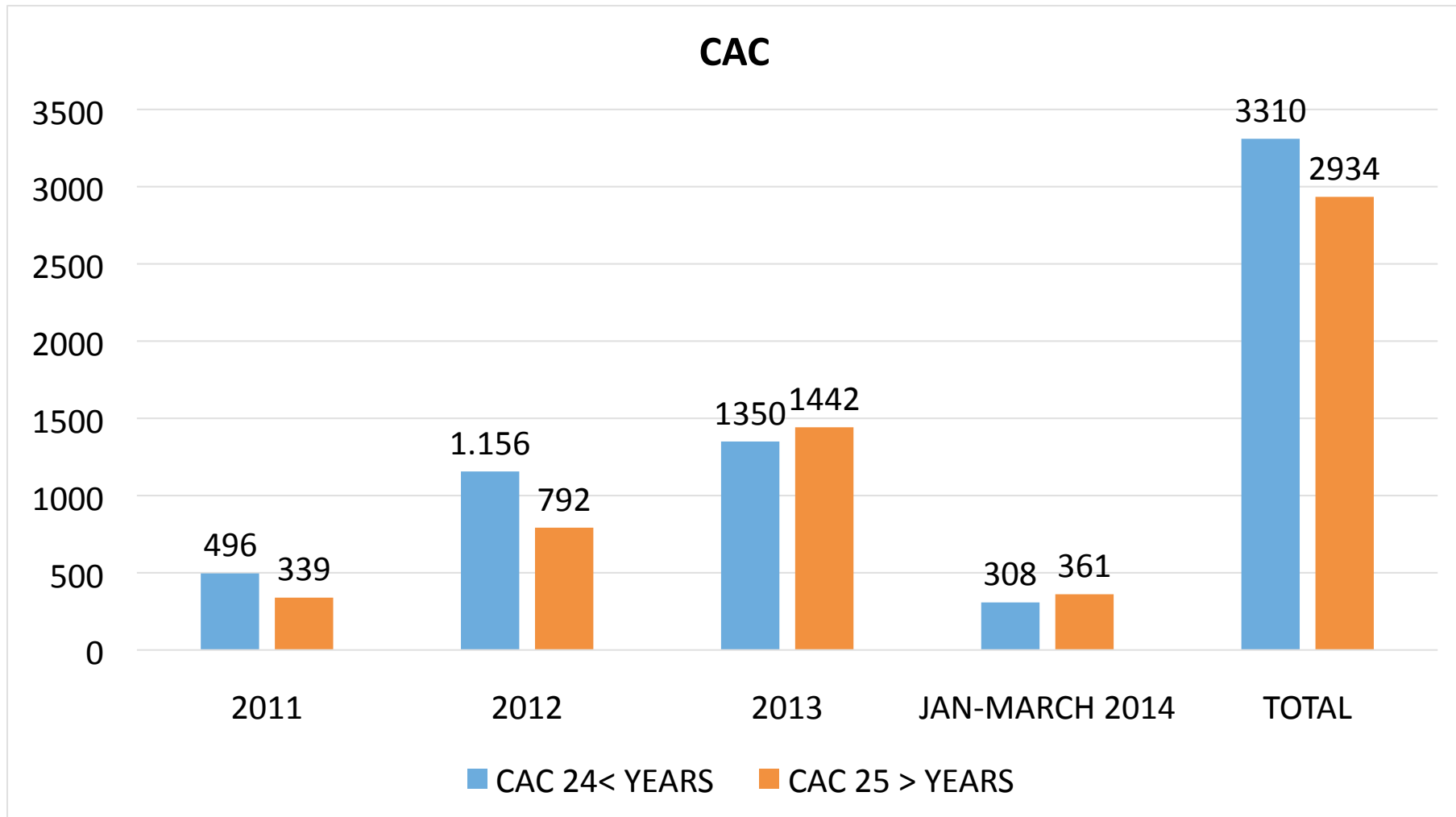
METHODOLOGY

Strategy 3: Awareness creation activities

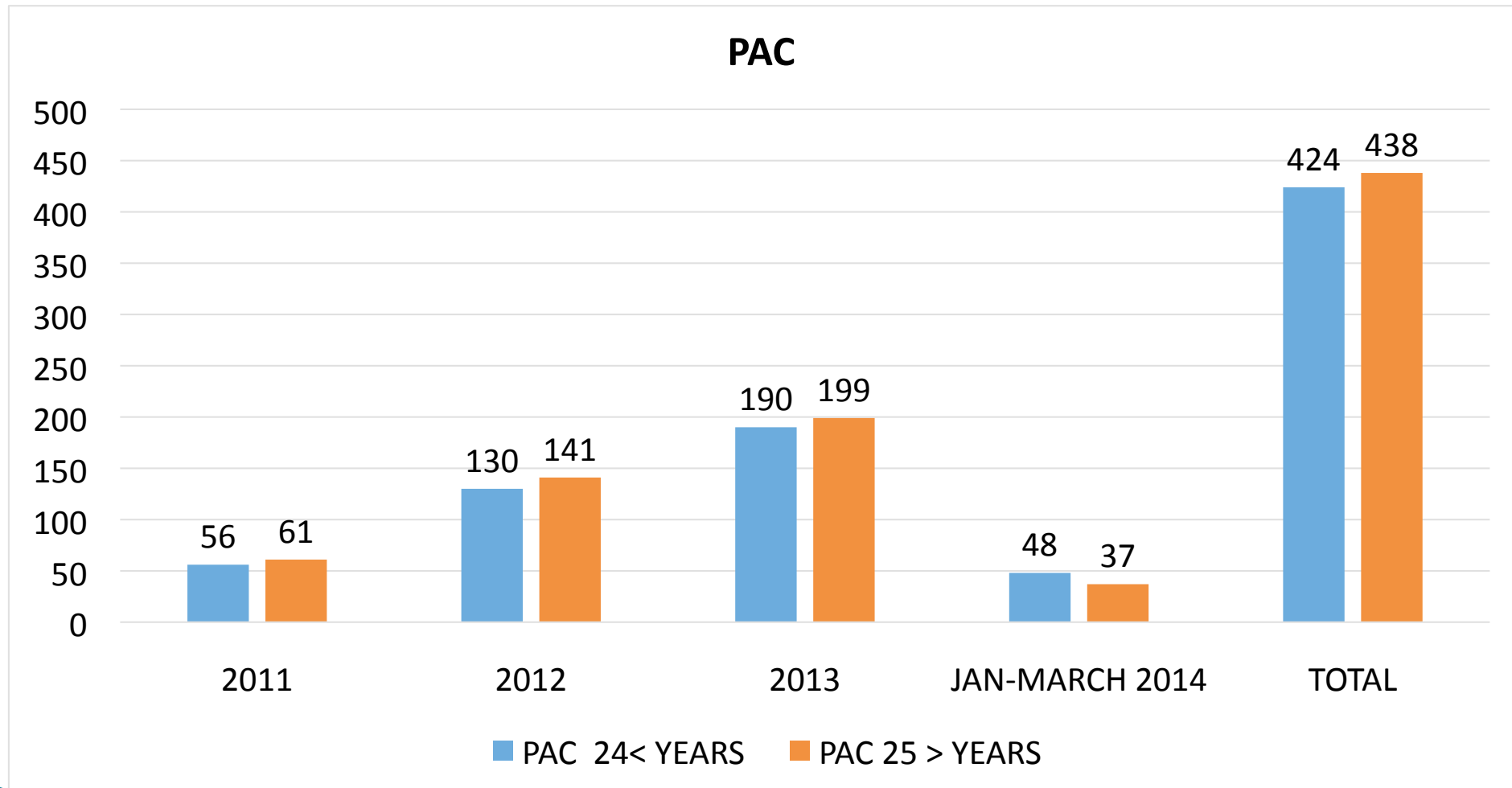
- ▶ Youth Camp
- ▶ SMS system
- ▶ Youth Advocates
- ▶ FHOK volunteer system
- ▶ Use of community health workers
- ▶ Development of youth friendly IEC materials



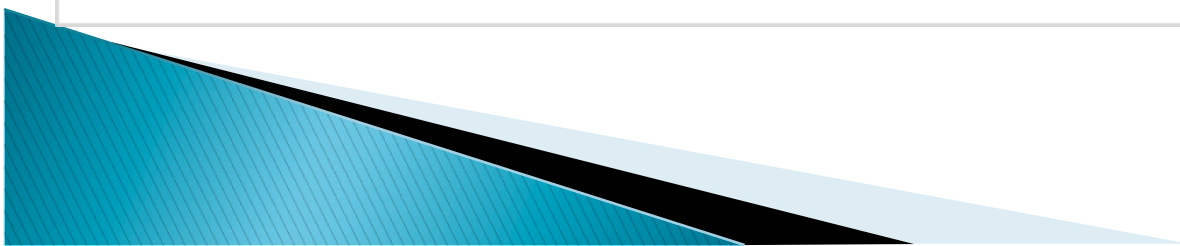
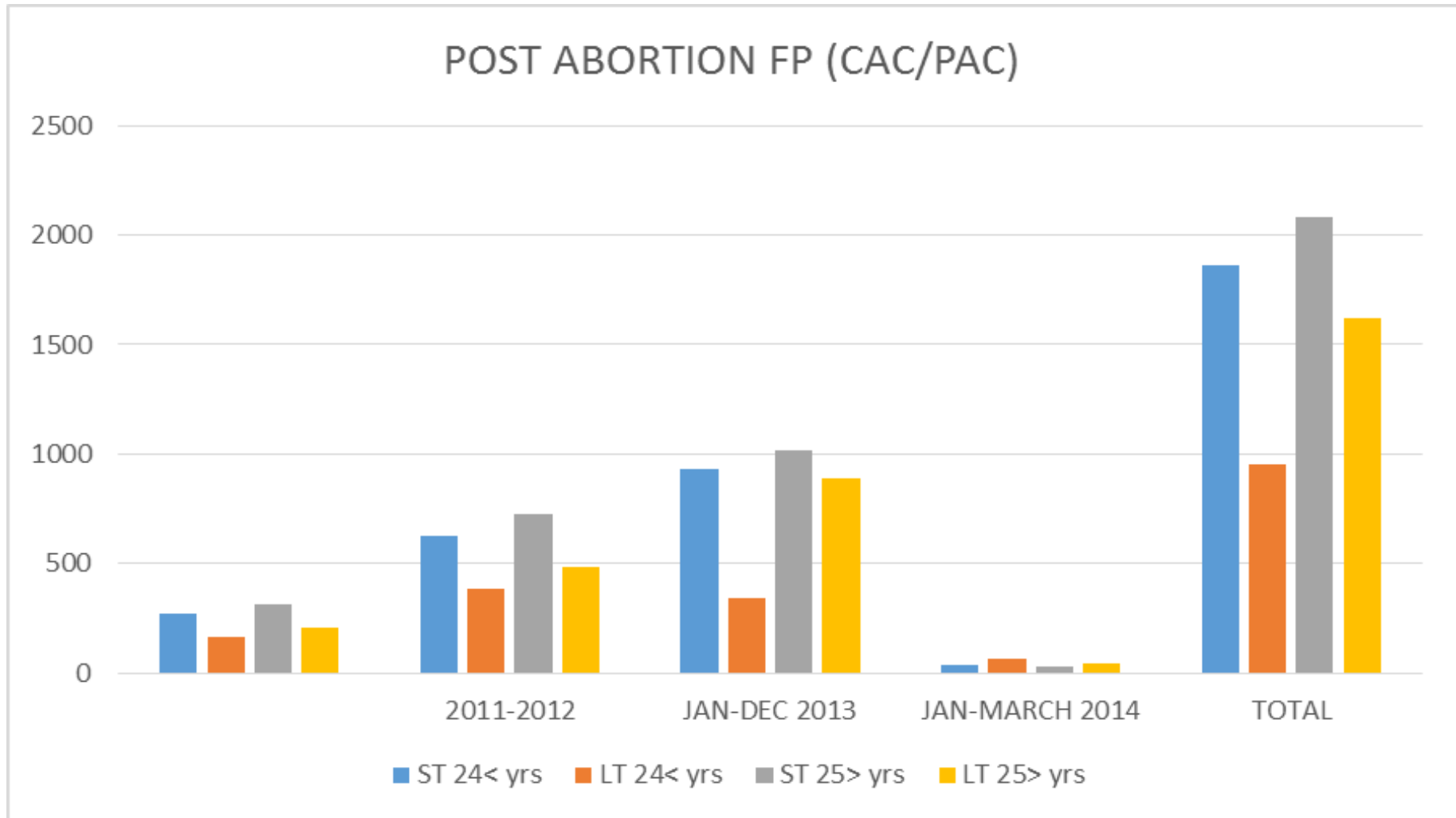
RESULTS FOR SAFE ABORTION



RESULTS FOR INCOMPLETE ABORTION



POST ABORTION FP





FACILITATING FACTORS

- ▶ New Kenyan Constitution – supporting legal indications for abortion
- ▶ National Guidelines for reduction of maternal morbidity and mortality due to unsafe abortion in Kenya
- ▶ Values Clarification and Attitude Transformation for service providers, CHWs, peer promoters and Board members
- ▶ Senior Management and board support for YFS at FHOK
- ▶ Active Youth Action Movement (YAM) within the youth centre.
- ▶ Integration of CAC into existing SRH services
- ▶ Use of SMS (mobile phone) system for information and referrals
- ▶ Subsidized service fee for young clients

CHALLENGES

- ▶ Few health facilities with capacity to provide Youth friendly SRH services
- ▶ Myths and misconceptions about Safe abortion especially surgical , is considered painful while medical is less painful and convenient to young people.
- ▶ Myths and misconceptions about Family planning for example broadening of hips, cervical cancer
- ▶ Few service providers trained to offer youth friendly services
- ▶ Opposition from religious/political leaders
- ▶ Wrong interpretation of the constitution by service providers and law enforcers
- ▶ Financial barrier to access CAC services

LESSONS LEARNT

- ▶ Use of youth friendly initiatives for example Youth camp ,drama festivals is a good entry point for SRH information and services
- ▶ Use of innovations e.g. SMS system creates a better platform for interaction with youth
- ▶ Use of youthful service providers trained in Youth friendly services facilitates increased uptake of services
- ▶ Removal of financial barrier promotes service utilization
- ▶ Engaging and educating communities especially young people about unsafe abortion is key to service acceptance
- ▶ Values Clarification and Attitude Transformation for religious leaders, service providers, CHWs and youth promoters plays a major role in service uptake

WAYFORWARD

- ▶ Continue lobbying for increased financial support for provision of youth friendly services
- ▶ Engage and educate communities especially young people / religious leaders about unsafe abortion, the new constitution and family planning through VCAT trainings.
- ▶ Continue developing innovate approaches targeting young people e.g. video games
- ▶ Strengthen engagement of young people as advocates for SRHR
- ▶ Implementation of waiver policy for clients who cannot afford SRH services.

Youth activities



Conclusion

- ▶ “ In sub-Saharan Africa the distance a woman has to walk to access safe abortion services is as far as the distance between Earth and Heaven, she has to die to reach there”

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